



WELLNESS CENTRE AND STUDIO
AVAILABLE FOR PRIVATE HIRE USE

RE:TREAT

HIRERETREAT@THELOWRYHOTEL.COM | 0161 827 4034



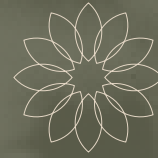
RE:TREAT HIRE

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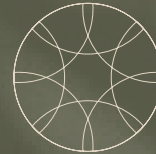
RE:TREAT at The Lowry Hotel offers private hire for your corporate events, product launches, VIP parties, private events and much more...

What makes RE:TREAT unique is that this space has been designed with the four pillars of wellness in mind. This means that whatever the nature of your event, we can be sure that there is an area within the space that can be used to create the perfect backdrop to your booking.

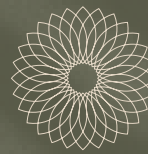
Not only that, but RE:TREAT can be used for full service hire including our highly trained spa therapists for any beauty or relaxation treatment needs you may have. This could be for a bridal shower, relaxing birthday event or even a party with a difference.



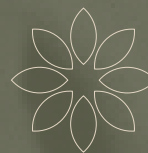
EMOTIONAL



PHYSICAL



SPIRITUAL



SOCIAL

THE STUDIO

RE:TREAT offers a newly refurbished studio, nestled within our serene wellness haven. Our state-of-the-art facilities combined with a soothing ambience creates the perfect environment. Soft colours and natural materials provide a sense of peace and tranquillity whilst the atmosphere re:energises your mind and body.

Dimensions

49 Sq Metres.
7.66m x 6.41m
Height: 2.70 m

Capacity

In the studio we can cater to various set ups depending on the nature of your event, such as:

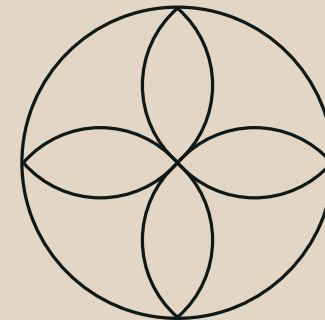
Theatre Style	Up to 54 (6 rows of 9 chairs)
Yoga/Meditation Class	Up to 20
Party Style	Up to 110 (with tall tables)
Workshop Style	Up to 54 (9 trestle tables of 6)



Branding Opportunities

The RE:TREAT studio offers flexible branding options, allowing you to incorporate your own identity into the space. Display your company logo, use branded equipment, or add personalised touches like decal stickers for the mirrors for that perfect instagrammable moment.

Our studio provides a beautiful, comfortable, and functional setting for any purpose, helping you create a unique and memorable experience for your guests.



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THE LOUNGE

With the four wellness pillars in mind, the lounge at RE:TREAT has been designed as a socially inclusive space which offers a multi-functional way to host any event.

With tables and chairs which can be moved around to create any manner of set-ups, there is a way to cater for any type of speaking event or to be used as a breakout area.

This area is perfect for task based work exercises as well as an informal talk for networking opportunities. We have a fully stocked food and beverage offering which can be added to any booking and are stored in the integrated fridges. There is also a coffee machine available for various hot beverages such as herbal teas, cappuccinos etc.



The beauty area includes a manicure station, eyelash bed and pedicure station.

This is the perfect area to be used for a group of friends, colleagues or family members to receive beauty treatments all at the same time. Why not combine an afternoon of pampering with beauty treatments with refreshments for a unique networking opportunity?

As the beauty area is partially separated from the rest of the area, it can provide a luxurious space for any budding brides and their bridal party to get ready from before their big day and pending nuptials at the hotel.

RE:TREAT has you covered for the perfect relaxation and rejuvenation type of party. For an event which has a unique edge, the RE:TREAT beauty area is the perfect backdrop to your day.



BEAUTY AREA

Our Relaxation Area offers a serene and inviting space where you can fully unwind before, after, or in between treatments. Designed with comfort in mind, it features a luxurious, plush sofa and two cosy beds, allowing you to rest deeply and relax in style. This tranquil haven is the perfect setting to pause, refresh, and recharge, whether you're looking to enjoy a quiet moment of solitude or share soothing conversations with friends or colleagues.

The calming ambiance, soft lighting, and comfortable furnishings create an atmosphere that encourages relaxation and connection, making it the ideal place to decompress and reset.

Included in the RE:TREAT exclusive hire, this space ensures a truly personalised experience, allowing you to create the perfect balance of rest and rejuvenation during your time at RE:TREAT.



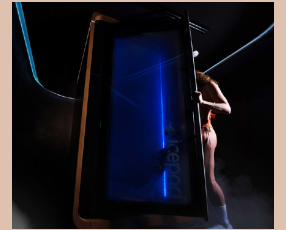
RE:LAX AREA

THE FACILITIES

The use of our wellness tech facilities are included in the price of your exclusive hire, should you want to offer the complete holistic wellness experience.

CRYOTHERAPY CHAMBER

Cryotherapy induces the release of anti-inflammatory hormones, reducing inflammation and pain. It promotes a sensation of deep relaxation, improving sleep and inducing a lasting anti-stress effect. You will be exposed to -110 Celsius and this will help tackle stress, insomnia, skin conditions and aid with general health and wellness.



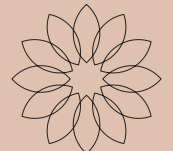
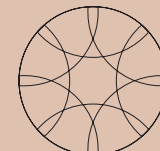
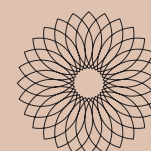
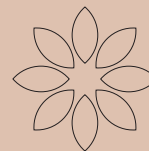
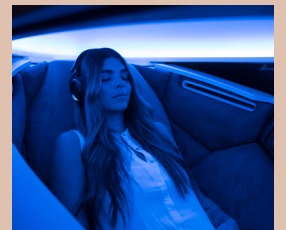
SENSORY DEPRIVATION TANK

Freed from all sensation of gravity, temperature, touch, sight and sound, you conserve and redirect vast amounts of natural physical and mental energy. The I-sopod floatation tank is designed to transport you to a new and all-encompassing world of absolute calm and tranquillity.



SOMADOME MEDITATION POD

Sometimes you need rest and rejuvenation. Other times focus and creativity. You may be seeking peak physical performance, or achieving deep transcendental states of consciousness. No matter where you are, there is a track for you with the unique Somadome Meditation Pod.



EXCLUSIVE HIRE

Imagine a serene sanctuary, yours to enjoy in complete privacy. With our exclusive hire option, you and your guests will have RE:TREAT at your disposal. Whether you're planning an intimate gathering, a wellness retreat, or a corporate escape, we offer a bespoke experience tailored to your unique needs.

Our exclusive hire includes full access to our luxurious RE:TREAT spaces, state-of-the-art facilities, and attentive service from our dedicated team. Everything will be designed to ensure your event is truly unforgettable.



MID-WEEK HIRE
up to 3 hours

FROM £1,300

WEEKEND HIRE
up to 3 hours

FROM £1,500

EVENING HIRE
6pm - 9pm

FROM £1,000

3 HOUR + HIRE

ENQUIRY ONLY

INCLUDES:

Exclusive use of all RE:TREAT Spaces

Reception Area

Studio

Lounge areas

Treatment Rooms

Beauty Area

Complimentary use of all high-tech wellness facilities

Use of changing room facilities

Showers

Lockers

Towels, robes & slippers (on request)

ADD ONS AVAILABLE FOR RE:TREATMENTS | FOOD & BEVERAGE

STUDIO HIRE

Our Studio Hire offers a bright, airy, and fully equipped space designed to meet your needs. Whether you're leading a class, hosting a workshop, or training clients in a private setting, our studio is the perfect environment for focused, results-driven activities.

Located in a peaceful and inspiring RE:TREAT environment, our fitness studio comes with ample space to bring your event to life. This versatile space adapts to a wide range of disciplines.

OFF-PEAK £60 PER HOUR

PEAK £100 PER HOUR

INCLUDES:

Private use of the RE:TREAT Studio

Additional 15 mins pre & post session

Use of yoga mats, blocks & bolsters

Use of changing room facilities

Towels, robes & slippers (available upon request)

ADD ONS AVAILABLE FOR RE:TREATMENTS | FOOD & BEVERAGE



ADD ONS

RE:PLENISH YOUR BODY WITH OUR FOOD & BEVERAGE OPTIONS

We provide a variety of tailored drink packages to suit different preferences and events. For a more personalised experience, please reach out to discuss your specific requirements. You can choose from our regularly updated RE:TREAT drinks menu, which includes an array of options such as cold coffees, hot beverages, wellness drinks and shots, and more. Our packages are designed to offer something for every taste, with prices starting from £3 per person.



PRIVATE DINING, PRE OR POST SESSION,
EXCLUSIVE HIRES

BRUNCH

£15pp

includes your guests choice of a brunch dish and a drink

LUNCH

£20pp

includes your guests choice of a lunch dish and a drink

All dishes are crafted in-house by our dedicated chefs, using fresh, high-quality ingredients and designed with wellness in mind.

A minimum of 15 people is required to access this pricing. Smaller group dining options are also available.

Private dining spaces will be provided to the best of our ability, though this may not always be guaranteed. Private spaces are available at an additional cost.

Pre-ordering is required.

Canapés are available for exclusive hire bookings.

Please speak with your event organiser if you have any other special requests. We are committed to working with you to ensure your event is exactly as you envision.

RE:AWAKEN YOUR MIND AND SENSES. . . WHY NOT ADD A RE:TREATMENT TO YOUR BOOKING?

Why not elevate your experience with a rejuvenating spa treatment from one of our expert therapists? Choose from a wide range of luxurious treatments using our premium Elemis or GAIA products.

Express treatments start at just £50, or, for parties of 10 or more, enjoy an exclusive 15% discount on any longer treatments.

Indulge yourself and make your booking truly unforgettable!



EXPERIENCE THE HEIGHT OF WELLNESS WITH OUR FACILITIES

Enhance your wellness experience with access to our state-of-the-art facilities, including the Cryotherapy Chamber, Sensory Deprivation Tank, and Somadome Meditation Pod. These advanced treatments are available complimentary with exclusive hire.

Plus, enjoy 15% off facility access for any of your guests when you book our studio or group wellness sessions—or for any groups of 10 or more.

Make your event even more extraordinary by indulging in these cutting-edge wellness offerings!

CORPORATE WELLNESS

At RE:TREAT, we believe that a balanced and rejuvenated workforce is the cornerstone of a thriving organisation. We have designed a range of employee wellness packages, created to empower your team's physical, mental and emotional well-being.

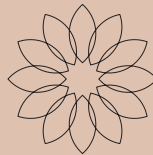
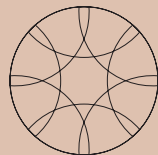
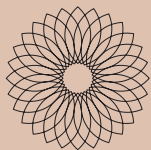
GIFTING & STAFF APPRECIATION

Looking to purchase gifts for your employees or family? Enquire with us directly to explore a variety of wellness options, including yoga classes, massages, facials, wellness facility sessions, and more.

Take advantage of exclusive volume savings—the more you order, the more you save!

With a minimum order of 10 individual treatments or services, you can choose from our extensive treatment list. Employees will enjoy the flexibility to book treatments, facilities, and sessions at their convenience, ensuring maximum ease and satisfaction.

Want something even more personalised? We offer the option to create bespoke wellness packages tailored to your unique needs, giving you the freedom to design the perfect gift for your team or loved ones.



PRIVATE WELLNESS SESSIONS

RE:TREAT offers a variety of different wellness sessions available for private sessions. Perfect for parties, corporate wellness activities, or special events.

Discuss your options with our dedicated studio manager, design your session to your needs with options varying from yoga, to meditation, sound healing, breathwork and more.

45 MIN - 1 HOUR

maximum. 20 people

FROM £200

*£180 IF BOOKING 3 SESSIONS | £150 IF BOOKING 5 SESSIONS



*TERMS AND CONDITIONS APPLY

SPA PACKAGES

Ideal for corporate wellness days, birthday celebrations, hen parties, bridal showers, and so much more! Our bespoke packages are designed to suit every occasion, offering a wide range of thoughtful add-ons to make your event truly special. Plus, enjoy exclusive discounts for groups of 10 or more—because great things are even better when shared with friends and colleagues!



OPTIONS INCLUDE:

TREATMENTS FROM OUR IN HOUSE BRANDS, ELEMIS & GAIA

FACIALS SCRUBS & WRAPS
MASSAGES MANICURES & PEDICURES

HIGH-TECH WELLNESS FACILITIES

CRYOTHERAPY CHAMBER
SOMADOME MEDITATION POD
SENSORY DEPRIVATION TANK

WELLNESS SESSIONS

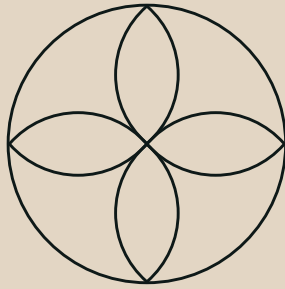
YOGA MEDITATION
PILATES SOUND HEALING
BREATHWORK & MUCH MORE...

FOOD & BEVERAGE

DRINKS RECEPTION
(with wellness drinks, or upgrade to a prosecco drinks package)
PRIVATE BRUNCH OR LUNCH
CANAPES
GROUP AFTERNOON TEA

If you have any special requests, please let your event planner know, we will always do our best to create your perfect event.





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